



What people with no kids don't know - [click here](#).

HAPPY
Father's Day



Myall High News

Live, laugh and learn

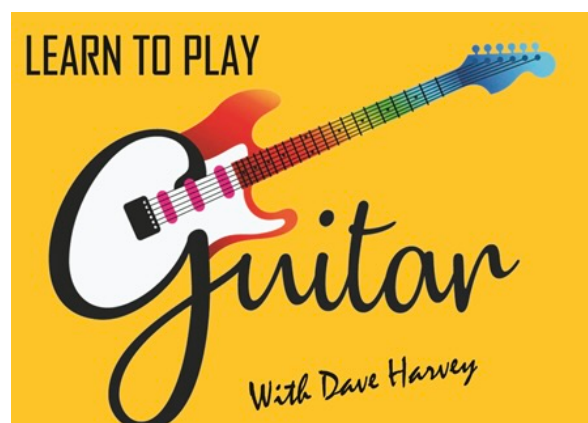
This month we not only celebrate the beginning of Spring but also Father's Day.

Living in an 'enlightened era' (or so we are led to believe) we better understand that fathers are not just providers, disciplinarians and revered heads of a household who make the rules for all to follow, as used to be our understanding not too long ago, but that they have been elevated to a much broader and significantly healthier position. Today's dads are usually present at the births of their children and, more often than not, encouraged to cut the umbilical cord and to hold their offspring as soon as he or she has entered this world. This, as well as witnessing the birthing process immediately creates a deep bond. Even if dads might not know how to effectively connect with their children during the first year of their life they understand that smiling at and mimicking baby's early utterances, holding, feeding, changing nappies, carrying, pushing prams and any attempt to engage with them is of great value and helps the child feel wanted, connected and secure. Unfortunately in the era in which most of us were raised fathers didn't have the knowledge and/or the opportunity to fulfil these roles as mothers were traditionally considered to be the nurturers whilst fathers, as history tells us, were expected to be 'hunter/gatherers'. So, the men in our lives (by now likely granddads) often try to make up for lost time by being awesome granddads. This, of course, is wonderful as children greatly benefit from all the love, interaction and attention they receive from their grandparents. To gain a better understanding of today's role of a father, [click here](#). If you'd like to explore why grandparents are so important in children's lives, [click here](#). For some good ideas what to do for Father's Day, [click here](#).

WHAT'S HAPPENING IN U3A?

LEARN TO PLAY GUITAR

MU3A's new Guitar course kicked off on 24th July and is held each Thursday 1:30 to 4 pm at the Myall U3A Hall. All stages of player and all styles are welcome and newcomers are still accepted. If interested, please email info@myallu3a.org.au



TECH TIPS:

The ACCC (Australian Competition and Consumer Commission) states that: "Australians reported more than 108,000 scams and financial losses of about \$174 million to the National Anti-Scam Centre's Scamwatch service in the first half of 2025, with fake websites, online advertisements, and contact through social media criminals' preferred methods of reaching people."

Without wanting to scare you I do believe that our age as well as the lack of knowledge of cyberspace - a world in which we now live - makes us more vulnerable to become victims.

"During the recent Scams Awareness Week the National Anti-Scam Centre joined together with government, business, community groups, consumer protection groups, educational organisations and individuals to reinforce the three simple actions that can help protect Australians: **'Stop. Check. Protect'** before clicking, sharing, or paying."

Please take the time to read up on the dangers and how you can protect yourself from becoming a victim. **Click here.**

DID YOU KNOW:

That we have some important dates for you to put into your calendars. I know it's a bit early but December will be here sooner than we think.

Getting in early!



Myall U3A Choristers invite you to note Wednesday 3rd December for their end of year Concert. All welcome! Followed by a delicious morning tea!



Live, laugh and Sing!

MYALL U3A AGM

Friday 5 December. 11am at Myall U3A Hall, 73 Booner St, Hawks Nest

and...

Christmas LUNCH

Friday 5 December. 12 midday
Tea Gardens Hawks Nest Surf Life Saving Club
Booner Street, Hawks Nest



Music alone shall live!



Myall U3A Music Group invite you to pop on your calendar Tuesday 9th December for their end of year Concert. All welcome! Followed by a delicious afternoon tea!



Live, laugh and play!

SAVE THE DATE

Famous annual...

ART EXHIBITION



October LONG WEEKEND

Sat 4 & Sun 5

This year thousands of men will die from stubbornness.

NO WE WON'T

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