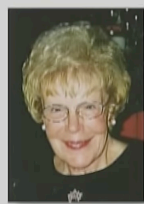


Mary Maxwell



A female comedian's take on old age - very funny!
[click here](#)

The old ones are still the best. old jeans, old boots, old friends, old tunes, old movies and old times.



MYALL HIGH NEWS

LIVE, LAUGH AND LEARN WITH MYALL U3A

How can it be the beginning of a new month already? It seems like only a week ago that I penned the last newsletter! It is said that time flies but it feels to me that each year it flies faster than the year before. Why is this so? I remember that, when I was a child, summers appeared to be endless. The stretch between one Christmas and the next was interminable and the wait for turning double digits felt like decades. Even once I had children time seemed to go much slower than it does now, especially when one of the kids was sick or gave us something else to worry about. It seemed like when I wanted time to move faster it became deliberately slow. Now that I, and I imagine you too, would dearly love to slow time down, it seems to move faster than ever. I consider time to be a very strange phenomenon and have often wondered why it behaves the way it does. Doing a little research I discovered a few explanations which, when all is said and done, appear to arrive at the same conclusion. If you wish to explore this for yourself, [click here](#).

WHAT'S HAPPENING IN U3A?

September brought a variety of special moments:

- * We gave a huge 'shout out' to our very own longest choir member Robin Gregor who celebrated her 90th birthday with cake, candles and a lovely song from all of her friends at choir!
- * We were informed by Leslie Fella, an Australian Bridge Federation (ABF) accredited teacher, that the U3A members who completed the recent introduction and transition courses have now graduated and enjoy playing at the weekly club sessions (Monday, Wednesday and Friday afternoons and Tuesday evenings). He was happy to report that there is now the potential for another course to start and invites those interested to know that the course accommodates newcomers to bridge as well as those wishing to improve their game. He encourages any of you who'd like to join but are a little unsure to talk to the "graduates" who will assure you that the course was relaxed, enjoyable and are a great opportunity to learn more about the world's most popular card game. For more information feel free to contact Leslie Falla on 0413 487 282 or lesfalla@bigpond.net.au
- * A week ago we had the honour of welcoming Alison Penfold, federal member for Lyne, to our new U3A home and took the opportunity to proudly show her what we have achieved. We expressed our gratitude for the grant money we'd received and explained that we spent it on our new audio visual system. Alison, duly impressed by our beautiful U3A home also showed an interest in the artworks created by our U3A Art Group members that now grace the hall's walls. She spontaneously decided to buy one of them. In her speech Alison talked about various community issues with which she is involved whilst Thomas O'Keefe, our local councillor as well as a member of U3A who was also present, made Alison aware of U3A's important role in our local community.



DID YOU KNOW?

that this month is going to be packed with exciting events. On the long weekend we have our very popular annual



...where you will not only be able to admire and purchase artworks created by our talented Art Group members but also take part in our raffle. In addition you will have the wonderful opportunity to participate in local author Ray Keipert's book launch where he will introduce you to his latest book entitled "Beyond the Horizon". Last but not least you will, for the first time, be able to purchase Lee Clayton's excellent CD of Music for Relaxation, Meditation and Contemplation. Both Ray and Lee have been very active and valued long-term members of U3A.



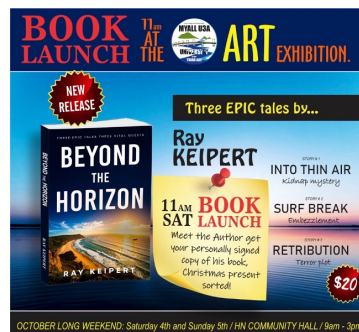
With NSW school holidays in full swing by the long weekend other excitements about town are:

- The Riverfest, which will be held in Tea Gardens on Saturday, October 4th.
- Galleries in the Gardens will be holding an exhibition, featuring one of their artists. The opening will also be held on Saturday, October 4th.

TECH TIPS:

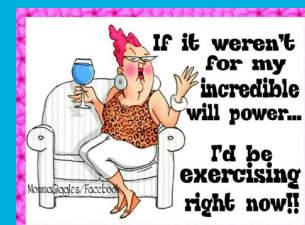
If you've been wondering why there are duplicate files on your computer "Ask Leo" has the answer. To explore this issue for yourself, [click here](#).

For more information on remote access scam avoidance, you can [click here](#).



Given that time does indeed fly and the Christmas season always being a very busy one we'd like to ensure that you are aware of our annual AGM and Christmas luncheon, which is informative and a lot of fun. FYI: There is lift access to the Surf Club.

Please find the invitation above and let us know if you'd like to attend.



**I think I may need professional help...
A chef, a butler and a maid should do it.**

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